

Ayrshire Cancer Support Children & Young People Services

at a Glance

Under 5 Years

- Family support sessions
- Liaison with local and national support services
- Link to wider Ayrshire Cancer Support services

Ages 5-11 years

Ages 12-17 years

Ages 18-25 years

- One to One Support
 - Counselling
 - Creative therapeutic support
 - LIAM (Let's Introduce Anxiety Management)
- Peer support groups – East, North & South Ayrshire
- Activity groups (Climbing & Boxercise)
- Complementary therapy

Families

- Family support sessions
- Liaison with local and national support services
- Link to wider Ayrshire Cancer Support services

Schools

- Seasons for Growth programme Age 6 – 18 years
- School support following a bereavement or cancer diagnosis of a pupil or staff member
- Staff support
- Link to wider Ayrshire Cancer Support services

Higher Education Institutions

- Liaison with Student Services
- Link to wider Ayrshire Cancer Support services

Get in touch for more information.

www.ayrshirecs.org | 01563 538008



**AYRSHIRE
CANCER
SUPPORT**

We're here for you