

What's on



**Alzheimer
Scotland**
Action on Dementia

January 2025 – South Ayrshire

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

In person group		
Mon 6 th Jan	Carer Chat & Well Being Tesco Community Room Whitletts Rd, Ayr	14.00pm – 15.30pm
Tues 7 th Jan	Tuesdays at Millrock Millrock Court, Barassie, Troon Tea/coffee/chat	10.30am – 12.00noon
Weds 8 th Jan	Wednesdays at Morrison Gardens Morrison Gardens Sheltered Housing Complex, Ayr Tea/coffee/chat	10.30am – 12.00noon
Tues 14 th Jan	Tuesdays at Millrock Millrock Court, Barassie, Troon Tea/coffee/chat	10.30am – 12.00noon
Wed 15 th Jan	Wednesdays at Morrison Gardens Morrison Gardens Sheltered Housing Complex, Ayr Tea/coffee/chat	10.30am – 12.00noon
Mon 20 th Jan	Carer Chat & Well Being Tesco Community Room Whitletts Rd, Ayr	14.00pm – 15.30pm
Tues 21 st Jan	Tuesdays at Millrock Millrock Court, Barassie, Troon Tea/coffee/chat	10.30am – 12.00noon
Weds 22 nd Jan	Wednesdays at Morrison Gardens Morrison Gardens, Ayr Tea/coffee/chat	10.30am – 12.00noon
Tues 28 th Jan	Tuesdays at Millrock Millrock Court, Barassie, Troon Tea/coffee/chat	10.30am – 12.00noon

Tues 28 th Jan	Music & More An afternoon of live music and singing St Quivox church, Prestwick	14.00pm – 15.30pm
Weds 29 th Jan	Wednesdays at Morrison Gardens Morrison Gardens, Ayr Tea/coffee/chat	10.30am – 12.00noon
Weds 29 th Jan	Memory Café Boyle Court Community Room, Girvan, KA26 9ED	10.00am – 11.30am

Contact details for groups:

Email: PRudge@alzscot.org Tel: 07788253234

Email: LRobertson@alzscot.org Tel: 07585331946

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/alzheimer-scotland-east-south-ayrshire>

