

Broken after the suicide of her best friend, Ellie decides to run away from her own life with nothing but a pair of hiking boots and a backpack.

Along her journey she finds happiness, hope and friendship that supports her recovery and prevents another potential suicide.



Join us on Suicide Prevention Day for a transformational journey of hope and empowerment in the wilds of Scotland's West Highland Way.

Join us for a premier screening of The Low Road and a Q & A panel session with the film makers.

Wednesday 10th September 2025

1pm - 4:30pm

@ Astoria Cinema, Ayr

Film trailer can be viewed using this [link](#).

Spaces can be booked [here](#)

